



Moving Bodies. Moving Minds
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BIO (150 words):
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Devika Mehta Kadam is a Dance Movement Psychotherapist (R-DMP) registered with Association of Dance Movement Psychotherapy, UK and Indian Association of Dance Movement Therapy (IADMT). She is the Program Head for the Post Graduate Diploma Program in Expressive Arts Therapy at St.Xavier's College, Mumbai and faculty for Diploma courses in Dance Movement Therapy. She is the Co-Founder of 'Synchrony'(www.synchronyindia.com) that provides mental health services and trainings through creative arts with various populations. Ms.Mehta Kadam is the Founding board member of the IADMT (www.iadmt.org). She is the Regional Director of South Asia for the International Association of Creative Arts Somatic Education (www.iacase.org). She has represented her work in India at International Conferences across USA and Europe. She has contributed to the article on Development of DMT in Asia. Her areas of interest are neuro-rehabilitation, embodied indigenous knowledge and adolescents.