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prachid.synchrony@gmail.com

www.synchronyindia.com

+919930456757

BioProfile (150 words): Prachi Dokania Director of Psychotherapy

Prachi Dokania is the Director of Psychotherapy at 'Synchrony' (www.synchronyindia.com). She holds a Masters in Counselling Psychology from City University, London. She's an Arts based therapy practitioner. She has done her Foundations in Art Therapy from British Association of Art Therapy (BAAT) London and has secured a P.G. Diploma in School Counselling. She is a certified Professional Supervisor.

Prachi a visiting faculty and supervisor for Counselling skills at St Xavier's College and Cogito institute (Mumbai). She has over 12 years of experience working with children and adolescents, adults, pregnant women, children with special needs using her training of various therapies like Person centered, CBT, DBT, Transactional Analysis and more. She has presented at creative exchange programs.

She is the founder trustee of Madhu- Pushpa Foundation - an initiative to contribute towards the lesser privileged section of society. She is the Maharashtra representative to All India Balkanji Bari.